



Managing Emotional Life Issues

Two Educational Workshops
with
Dave MacQuarrie, MD, PhD

Unpacking the Problem of Conflict

Mar 6th – 7th

Fri, 6-10pm & Sat, 9am-6pm
(Coffee, snacks, and lunch provided)

The vast majority of people do not like to be in conflict, yet conflict is an unavoidable part of living. The basic problem of conflict is that most of us make it worse than it could be ...

This workshop provides an opportunity to improve relationships and get better outcomes.

Learn how to be more effective!

I Never Signed Up for This!

Apr 17th – 18th

Fri, 6-10pm & Sat, 9am-6pm
(Coffee, snacks, and lunch provided)

The resolving of authentic emotions, the sensing and living of our own truths, is one of the most satisfying and cleansing aspects of life, be it authentic rage, sadness, or joy.

Yet most people are fearful of their darker emotions.

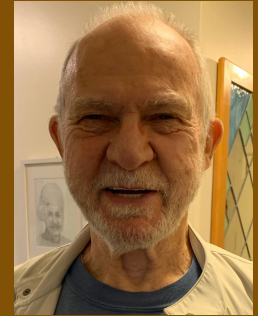
Learn how to manage them more effectively!

Fees Single Workshop \$300 Both Workshops \$500
(sliding scale available)

Non-refundable deposit of \$50 per workshop

Payment by e-transfer to dave.macq@icloud.com
(credit/debit card available on request)

More details at www.aplacetwobe.ca



Dave is a retired physician-psychotherapist with 25 years of experience in the management of emotional issues. His work from his own life experiences, his own struggles to find peace and joy. More than 4,000 people have benefited from his work, gaining release from how conflict and difficult emotions have controlled their lives.



**Brentwood
Presbyterian Church**
1600 Delta Ave
Burnaby, BC
www.brentwoodpc.ca

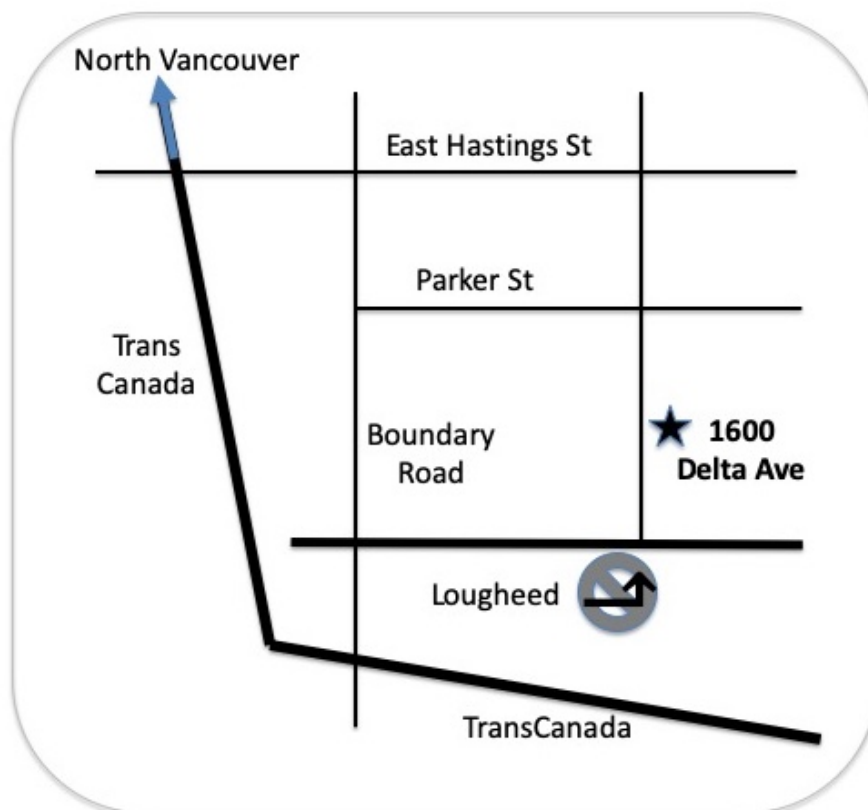


Directions

Through the generosity of
Brentwood Presbyterian Church,
the workshops are held at:

1600 Delta Ave, Burnaby

V5B 3G2



**Coffee, snacks, and lunch provided
for each workshop**

(There is no provision for dietary issues)